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ABSTRACT

This book delivers state-of-the-art techniques and information for practitioners to help individuals, groups, families, and communities suffering from post-traumatic stress disorder (PTSD). It addresses concerns about the efficacy of critical incident stress debriefing, examines the value of a variety of innovative treatment methods, and explores the differences between treating complex PTSD and the aftermath of a one-time traumatic event. Chapters include: (1) "A Short History of PTSD from the Military Perspective" (C. M. Flora); (2) "Assessment and Diagnosis of PTSD in Adults: A Comprehensive Psychological Approach" (W. F. Flack, Jr., B. T. Litz, F. W. Weathers, and S. A. Beaudreau); (3) "Approaches to the Treatment of PTSD" (B. A. van der Kolk, O. van der Hart, and J. Burbridge); (4) "Psychopharmacological Treatment in PTSD" (R. Albucher, M. Van Etten-Lee, and I. Liberzon); (5) "Cognitive-Behavioral Treatment of PTSD" (L. A. Zoellner, E. B. Foa, and L. A. Fitzgibbons); (6) "Short-Term Treatment of Simple and Complex PTSD" (L. Tinnin, L. Bills, L. Gantt); (7) "Life After Trauma: Finding Hope by Challenging Your Beliefs and Meeting Your Needs" (D. Rosenbloom and M. B. Williams); (8) "The Development of a Group Treatment Model for Post-Traumatic Stress Disorder" (G. Turnbull, T. Clairmonte, S. Johnson, C. Hanbury-Aggs, B. Mills, W. Busuttil and A. West); (9) "Developing and Maintaining a Psychoeducational Group for Persons Diagnosed As DID/MPD/DDNOS" (M. B. Williams and S. G. Nuss); (10) "Treatment Strategies for Traumatized Children" (M. W. Lindahl); (11) "Provisions of Trauma Services to School Populations and Faculty" (J. Horenstein); (12) "Traumatic Stress in Family Systems" (C. J. Haris); (13) "Dealing with Trauma in the Classroom" (M. Mabe); (14) "Police Hostage Situations" (L. Nurmi); (15) "Law Enforcement and Trauma" (J. M. Horn); (16) "Law Enforcement and Trauma" (C. M. Flora); (17) "A Primer on Interviewing Victims" (F. Ochberg); (18) "Relating to Journalists As Trauma Clinicians and Researchers" (R. Hebert); (19) "Working with Survivors and the News Media" (J. Maxson and R. Simpson); (20) "Some Final Thoughts on Competence" (M. B. Williams and J. F. Sommer). (Each chapter contains references.) (GCP)

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